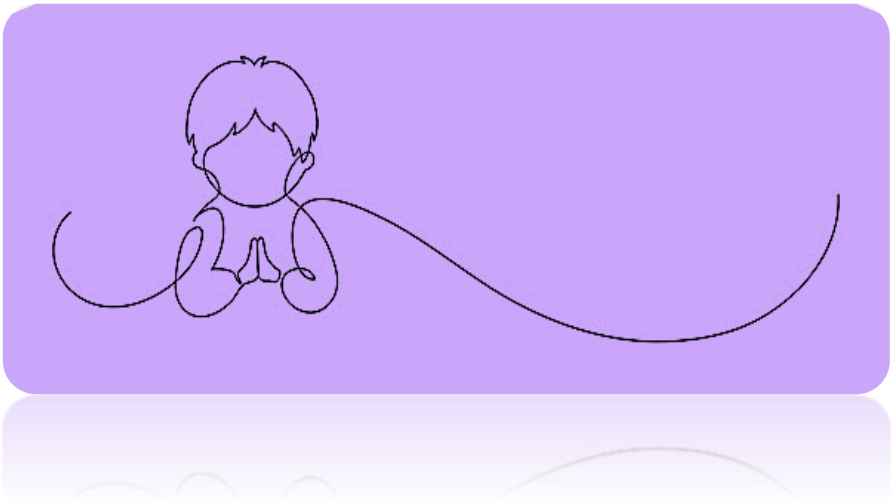
St Francis of Assisi Catholic Primary School

Prayer Book



Year 5 and Year 6

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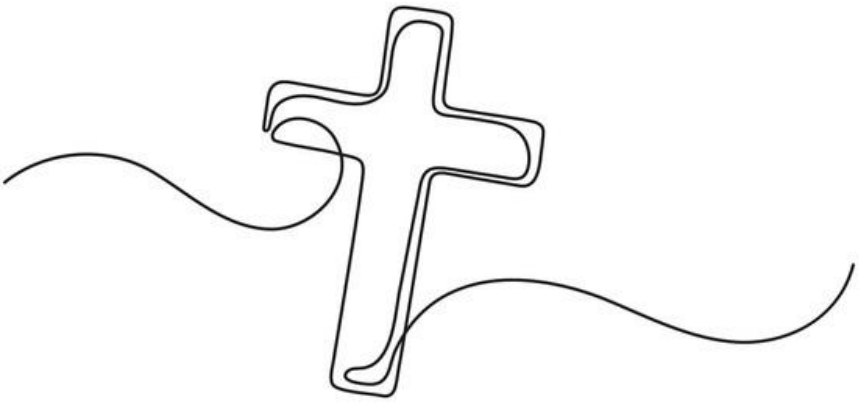
The Sign of the Cross

In the name of the Father

and of the Son

and of the Holy Spirit.

Amen.



Our School Prayers

Morning

Dear Lord,

Bless our school, so that learning and growing together, we may learn to serve you and to serve one another,

In Jesus' name.

Amen.

Grace before meals

Bless us, O Lord as we sit together.

Bless the food we eat today.

Bless the hands that make the food.

Bless us, O Lord.

Amen.

Our School Prayers

End of the day

Father,

Thank you for all the good things that have happened today.

Thank you for keeping us safe and well.

Thank you for all that we have learnt.

Thank you for all those we love.

We are sorry for any bad choices we have made today.

Guard us and protect us tonight and always.

Amen.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.



Hail Mary

Hail, Mary, full of grace,

the Lord is with thee.

Blessed art thou among women

and blessed is the fruit of thy womb, Jesus.

Holy Mary,

Mother of God,

pray for us sinners,

now and at the hour of our death.

Amen.



Glory Be

Glory be to the Father

and to the Son

and to the Holy Spirit,

as it was in the beginning is now,

and ever shall be world without end.

Amen.



The Apostles' Creed

I believe in God, the Father almighty Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including the Virgin Mary, all bow.

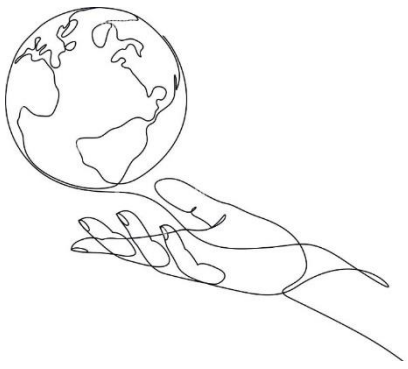
who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried;

he descended into hell; on the third day he rose again from the dead;

he ascended into heaven, and is seated at the right hand of God the Father almighty;

from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen.



An Act of Contrition

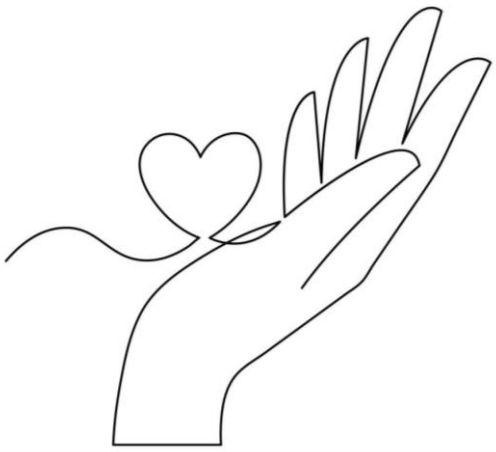
O my God,

because you are so good,

I am very sorry that I have sinned against you,

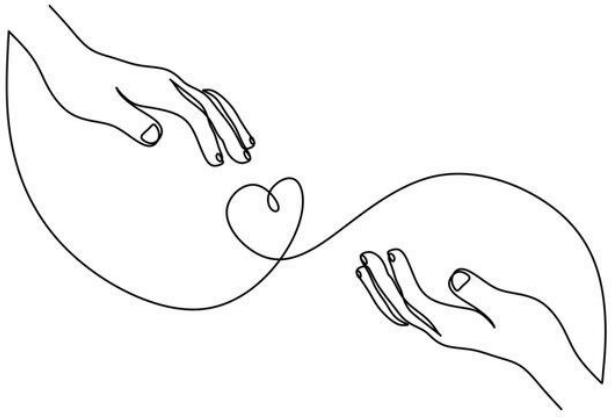
and with the help of your grace,

I will not sin again.



Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard,
to rule and guide.
Amen.



Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray,

O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful,

grant that by that same Holy Spirit, we may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord.

Amen.



The Prayer of St Richard, of Chichester

Thanks be to you, my Lord Jesus Christ,

for all the benefits which you have given me, for all the pains and insults which you have borne for me.

O most merciful Redeemer, friend and brother,

may I know you more clearly, love you more dearly,

and follow you more nearly, day by day.

Amen.



Hail Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears
Turn then, most gracious advocate,
your eyes of mercy toward us,
and after this exile
show unto us the blessed fruit of thy womb,
Jesus.
O clement, O loving,
O sweet Virgin Mary.



The Nicene Creed

We believe in one God,
the Father, the Almighty,
Maker of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
of one Being with the Father.

Through him all things were made.

For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshipped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come.

Amen.



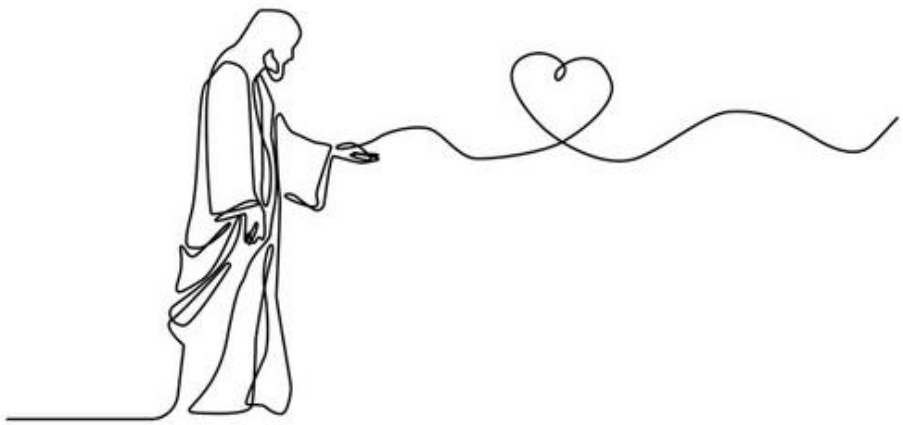
Morning Offering

O Jesus,

through the most pure heart of Mary,

I offer you all my prayers, thoughts, works and sufferings of this day

for all the intentions of your most Sacred heart.



The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

<u>The Joyful Mysteries (Recited Monday and Saturday)</u>

The Annunciation (Luke 1:26–38)

The Visitation (Luke 1:39–45)

The Nativity (Luke 2:1–7)

The Presentation in the Temple (Luke 2:22–35)

The Finding in the Temple (Luke 2:41–52)

<u>The Mysteries of Light (Recited Thursday)</u>

The Baptism of Jesus (Matthew 3:13–17)

The Wedding Feast of Cana (John 2:1–12)

The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14–15; 2:3–12)

The Transfiguration (Luke 9:28–36)

The Institution of the Eucharist (Matthew 26:26–29)

The Rosary

The Sorrowful Mysteries (Recited Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)

The Scourging at the Pillar (Matthew 27:15–26)

The Crowning with Thorns (Matthew 27:27–31)

The Carrying of the Cross (John 19:15–17; Luke 23:27–32)

The Crucifixion (Luke 23:33–38, 44–46)

The Glorious Mysteries (Recited Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)

The Ascension (Acts 1:6–11)

The Descent of the Holy Spirit (Acts 2:1–12)

The Assumption (1 Thessalonians 4:13–19)

The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)

The Rosary

Prayer concluding the Rosary

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son, by his life, death and resurrection,

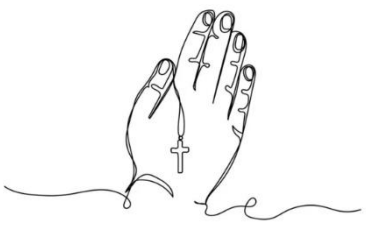
has purchased for us the rewards of eternal life, grant, we beseech

thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary,

we may imitate what they contain and obtain what they promise,

through the same Christ our Lord.

Amen.



The Magnificat

My soul proclaims the greatness of the Lord,

and my spirit rejoices in God my Saviour, for he has looked upon his handmaid in her lowliness;

for behold, from this day forward, all generations will call me blessed.

For the Almighty has done great things for me, and holy is his name.

His mercy is from age to age for those who fear him.

He has made known the strength of his arm, and has scattered the proud in their conceit of heart.

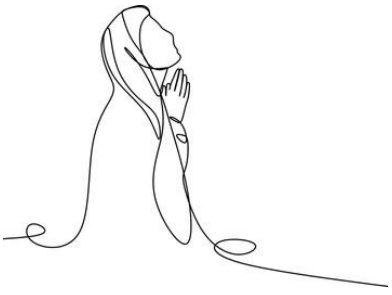
He has cast down the mighty from their thrones and has exalted those who are lowly.

He has filled the hungry with good things, and has sent the rich away empty.

He has helped his servant Israel, mindful of his mercy, even as he promised to our fathers, to Abraham and his descendants for ever.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

Amen.



Act of Faith

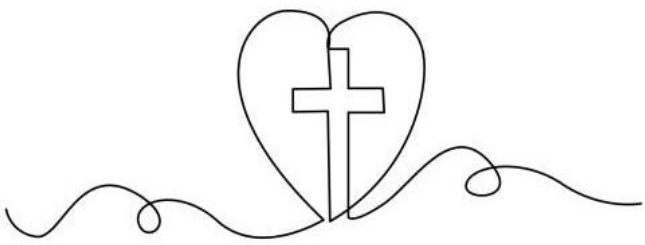
My God, I believe in you and all that your Church teaches, because you have said it, and your word is true.

Act of Hope

My God, I hope in you, for grace and for glory, because of your promises, your mercy and your power.

Act of Love

My God, because you are so good, I love you with all my heart, and for your sake, I love your neighbour as myself.



CAFOD Prayer for Stewardship

Dear God,

Speak to our hearts and help us to see that we are one big family.

Old or young, short or tall,

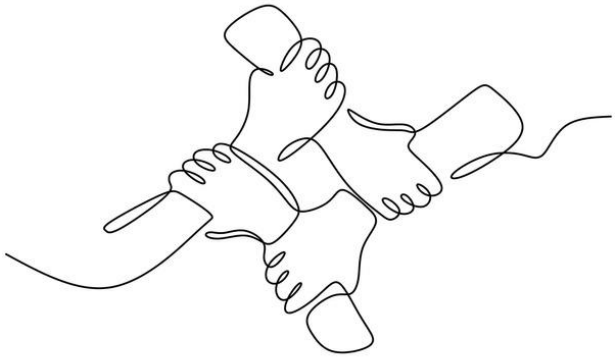
Wherever we live, you made us all.

Help us to share, however hard it seems,

to make our world far,

and live out our dreams.

Amen.



CAFOD Prayer for Subsidiarity

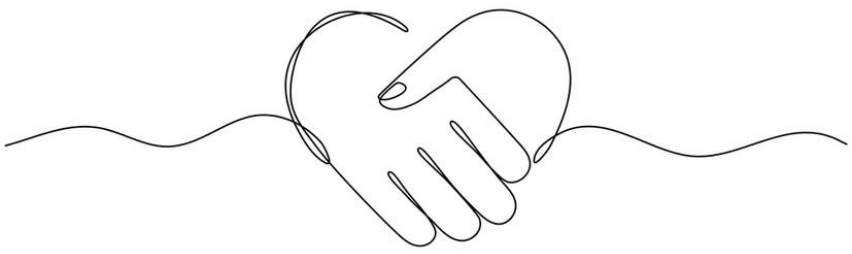
Loving God,

We thank you for the freedom that you gifted us.

We thank you for all those who make decisions within our community.

Help us to make sure everyone has a voice that is heard by all.

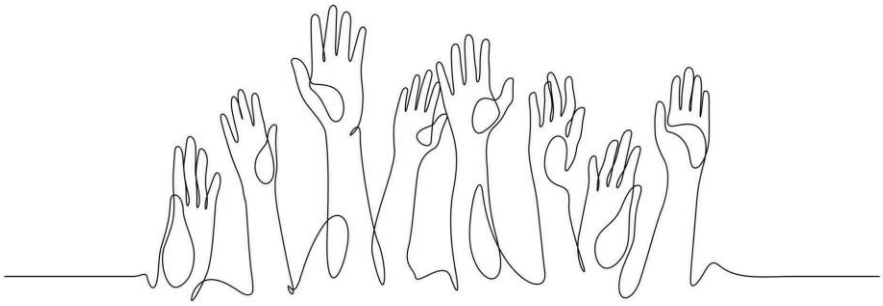
Amen.



CAFOD Prayer for Participation

God of all peoples,

We are all part of your global family,
From every corner of the world.
Help us to participate in your love,
To be generous with what we have,
And to share with those who need it most.
May we always listen to others,
And work together to build a fairer world,
Where everyone's voice can be heard,
And every person is cared for.
Amen.



CAFOD Prayer for Solidarity

Plant in us Lord,

Seeds of love, for you,

for creation and for all people.

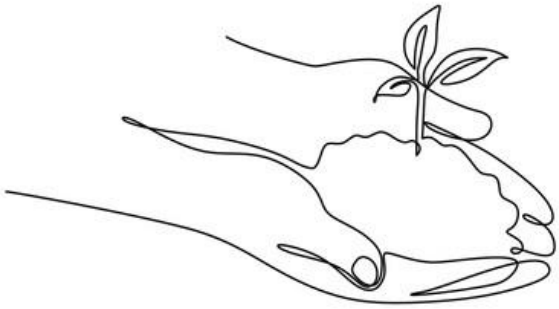
Help us to grow, each day,

to be more like Jesus,

so that our words and our lives,

show people your love.

Amen.



CAFOD Prayer for the Preferential Option for the Poor

Generous God,

Your spirit hovered over the waters, you breathed life into the earth and created a world of plenty.

Look on us here as we break bread together, and guide us to take only what we need so that all your people may have enough.

Father of all, there are many among us who go hungry.

Help us to listen and respond as one family, so that, as we break bread together, we may glimpse your Kingdom here on earth – a Kingdom of welcome and plenty for all.

Amen.

CAFOD Prayer for Distributive Justice

Gracious God,

Help us each day to live simply, taking small but deliberate steps to preserve the earth's resources.

Creator God,

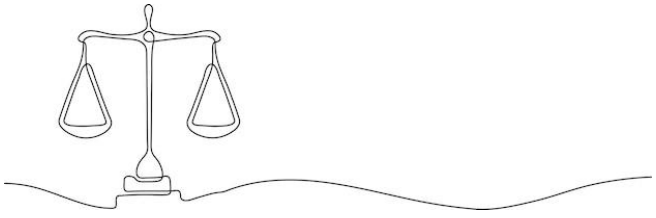
May the beauty and bounty of this world remind us of your overflowing love for us. Help us to remember that you made enough for all: teach us to share freely with one another, out of love for you and our neighbour.

Merciful God,

Whose Son became a refugee and had no place to call his own, look with mercy on all those fleeing from danger, homeless and hungry; bless those who work to bring them relief.

Inspire generosity in our hearts, and guide all nations towards a world where peace is built on justice and justice is guided by love.

We ask this through Christ our Lord, Amen.



My Prayers

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