St Francis of Assisi Catholic Primary School

Learning and growing together in God's love

Headteacher: Felicity Hope

WEEKLY WHAT'S ON

Issue 1 4th September 2026

Reception

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for new parents

Monday 19th October 2026 Vision & Hearing Screening

Year 1

PE DAYS TUESDAYS and FRIDAYS

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Year 2

PE DAY – MONDAY

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Year 3

PE DAY FRIDAY

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Wednesday 14th October – Trip to the Castle

Thursday 25th February 2027 Olly Day Workshop Road Safety

Year 4

PE DAY – THURSDAY

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Mon 2nd Nov - Wed 4th Nov - Year 5 residential to Norfolk Lakes –

3rd February 2.30 Annie Theatre Royal

Thursday 25th February 2027 Olly Day Workshop Road Safety

ALL

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Tuesday 29th September 2026 Individual Photos

Thursday 22nd October – last day of half term

Monday 2nd November 2026 RETURN TO SCHOOL

Friday 5th March 2027 Class Photos

FAMILY LEARNING EVENTS
For school parents to attend

Friday 18th September 9 – 10.30 Times Table Tips

Tuesday 3/10/17/24th November 1.15 – 3.15 Feeding Fussy Eaters

Thursday 4th February 1.30 to 3pm Handwriting and Fine Motor Support

Thursday 4/11/18/25th March 9 -10.30 Protecting Children Online

Wednesday 14th April 1.30 to 3pm Growth Mindset

Friday 11/18/25 June and 2nd July 2-4 Environmental Heroes

The Nest Pupils

Year 5

PE Day - WEDNESDAY

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Friday 5th October Cross Country #1 Sprowston Junior School 2pm start

Mon 2nd Nov - Wed 4th Nov - Year 5 residential to Norfolk Lakes –

Thursday 5th and Friday 6th November Pedal Power Group 1

Thursday 12th and Friday 13th November Pedal Power Group 2

3rd February 2027 2.30 Annie Theatre Royal

Friday 5th March Cross Country Final Old Catton Junior School 2pm

8th - 12th November 2027 Year 6 Residential (Ullswater, Lake District)

Year 6

PE DAY – TUESDAY

Friday 11th September 3pm to 5pm PTFA Welcome BBQ for all parents

Monday, 21st September 2026. Hethersett Academy's Open Evening for prospective students and their families

Friday 5th October Cross Country #1 Sprowston Junior School 2pm start

Monday 8th October 6pm to 8.30 pm Hellesdon High School Open Evening

Monday 19th October 2026 National Child Measurement Programme (NCMP

Monday 16th – 20th November Year 6 Residential to Shropshire
Wednesday 16h December 1pm Peter Pan Panto

3rd February 2.30 Annie Theatre Royal

Friday 5th March Cross Country Final Old Catton Junior School 2pm

Welcome Back!
How lovely it is to see the school full of children again after our long and hot summer holiday.
As we move into our Autumn Term, I would like to warmly welcome all our new St Francis families; I hope that your children settle in quickly and happily and that you feel that you have all the information you need as parents.
Please remember that we are always here to help, no matter how big or seemingly small your questions or concerns may be. There is always at least one member of the Leadership Team on the front gate each morning, typically me on a Monday, Tuesday and some Fridays, Mrs Furness (Senior Assistant Head) on most days, Mr Brackenbury (Assistant Head) on Wednesdays and Thursdays, Mrs Bowen (SENCo) on Mondays, Tuesdays and Wednesdays and Miss Betts (Inclusion Lead) on a Friday.
Whenever the weather is dry, we have a visiting coffee cart every Thursday morning at drop-off so that you can have a chance to chat and socalise with each other.
This year, I shall be working away from St Francis for two days per week (as I did informally last year). For one of those days, I shall be working as the Trust's Director of Mission, and for the other I am working for the Diocese. During my absence the school will be in very capable hands, with both Mrs Furness and Mr Brackenbury being out of class.
Over the next couple of weeks, we will be confirming dates for school masses and Liturgies, as well as dates for the termly 'Drop-In' parental engagement sessions which prove so popular. Please keep your eyes on both this 'Weekly What's On' and the 'Parents in School' section on the school website.
We have two new email address for you:

wraparoundcare@st-francisofassisi.norfolk.sch This is for all messages and enquiries relating to Breakfast and After School Clubs.
Please be aware that once a booking has been made for a place at a club, we are not always able to swap this to another day should your circumstances change; this is because that new day's places may already be full. For Health and Safety reasons, we are not allowed to exceed the legal limit of children at Clubs. However, the Office will always try to accommodate changes if spaces for the new day are still available. Unfortunately, we are also not able to refund money for unused places at clubs because we are charged a considerable amount of money by the bank for transaction changes.

admissions@st-francisofassisi.norfolk.sch.uk This is for prospective new parents

Thank you so very much to all of you who have donated to (or who are regularly donating to) our fundraising page. We aim to report back to you at the end of each term as to how your money has been spent on learning resources for the children. With school funding at an all time low, your contributions are a vital lifeline for us. Links to the fundraising page are included in every 'Weekly What's On' newsletter.

Also coming shortly will be a response to comments and questions raised by parents in our Summer Term parent survey – your voice really matters to us and we are always keen to take feedback so that St Francis can be an even better *'Learning and growing in God's love'* environment for your children.
I look forward to seeing many of you at the gate and around school in the coming weeks and at upcoming school events.

Kind regards,
Mrs Felicity Hope

AFTER SCHOOL YOGA and MINDFULNESS CLUB For St Francis Assisi School

Open to Reception, Year 1 and Year 2

WEDNESDAYS AFTER SCHOOL – 3:30pm-4:30pm

AUTUMN TERM 2026 Wed 9th Sept – Fri 9th Dec 2026

Dear Parents and Carers,

After School Yoga and Mindfulness Club is open to children in Reception, Year 1 and Year 2's. My Yoga Clubs are held on Wednesdays after school at 3:30-4:30pm.

The Autumn Term will run for 12 weeks and cost £78.00 for the whole term (£6.50 a session). A 10% discount is available for siblings. Clubs are capped at 16 children. Please note there is no Yoga Club on 28th Oct and 4th Nov.

Can your child trial my yoga club? Yes, at the beginning of the term I am able to offer any remaining spaces as trials if your child would like to trial a session first before booking the whole term. Send me an email to enquire, however to ensure a space prebooking the term is advised.

To secure a space for your child please email me at info@minimonkeygym.co.uk **stating your CHILD'S SCHOOL, YEAR, CLASS** and **CHILD'S NAME.**

My yoga sessions are child centred, using yoga adventures, lots of fun props and exciting themes to engage the children in yoga poses and mindfulness activities. As an Early Years Practitioner and qualified Children's Yoga Teacher (as well as owner of Mini Monkey Gym Norwich, how some of you may know me!) I understand how to effectively teach children's yoga in a way which really engages and motivates them, whilst having fun with their peers.

You may ask what are the benefits of yoga for children?

- Yoga is physically beneficial, increasing **flexibility and balance**, both of which **start to decrease after the age of seven without regular practice.**
- Yoga poses and breathing exercises use **concentration and focus**, helping children to be aware of how their bodies move.
- Yoga helps **children be more present and mindful**, calming and clearing the mind and helping them be more aware of their thoughts, words and actions.

I look forward to showing your children the wonderful world of Mini Monkey Yoga!

Penny

Penny Holbrook

Mini Monkey Yoga Norwich 07917 872205 info@minimonkeygym.co.uk

Yoga/Gym/Craft Holiday Clubs for 5-11 yrs old
At Eaton Park Community Centre, NR4 7AZ.

Monday 27th July
Tuesday 4th August
Monday 10th August

Run by Penny from Mini Monkey Yoga Norwich. Early Years practitioner and Children's Yoga Teacher.
07917872205
Info@minimonkeygym.co.uk



After School Tennis Club

National Tennis Association have been delivering tennis coaching at schools in Norfolk since 2004. The after school sessions are a great introduction to the game and many of the county's most successful players started in our after school clubs.

In after school club sessions pupils will develop footwork, coordination, ball and racket skills working through a structured curriculum.

St Francis After School Tennis Club Details

Thursdays- 7 weeks (10 Sep - 22 Oct)
Year 1-3
3:25 - 4:10pm
Cost - £42

How to Enrol?
For more information and booking please click or visit the below link.

CLICK HERE TO REGISTER

These sessions fill up very quickly therefore it is important to book your place quickly, we operate a first come, first serve basis.

Once you have booked on our website you will receive a confirmation of your place.

If you have any questions regarding the tennis club please contact us:

email: schools@nationaltennis.org.uk

Please Help Support

St Francis of Assisi Catholic Primary School

Help fund our curriculum activities and resources

SCAN TO DONATE

Support learning and creativity

Help our children thrive

Every donation helps

Every pound counts

By helping fund classroom materials and resources that enable creative activities for all, every contribution – no matter how small – will make a real difference!

We are incredibly grateful for any support you can offer.

Thank you! Feel share our page to spread our message.

Together, we can help our children learn, grow and shine.

This donation page is run via Zeffy

Optional donation to Zeffy does not go to the school.

Dear Parents and Carers.

As we head towards the end of term, I have created a guide of support services available that may be useful while we all take a well earned break for a few weeks.

Just click on the link below and it will take you to the area of support required.

If you wish to seek further advise, please do not hesitate to email me rowena.cove@benjaminfoundation.co.uk and I will reply upon my return in September and arrange a meeting or telephone call.

Please remember your child's attendance needs to be over 95%. If you require support to help your child to arrive to school on time please get in touch

Rowena Cove
Parent Support Advisor and Young Carers Education and Community Worker
07471 033670

Health and Wellbeing

JUST ONE NORFOLK
Just One Norfolk, are dedicated to providing children and young people's health services to the community.
Health Advice & Support for Children & Families

Norfolk and Waveney Mind
Whether it's you needing support, someone in your family, a friend or a work colleague, we are here for you.
You can call our team who will discuss the most appropriate service for you.
We're Norfolk and Waveney Mind, the mental health charity that believes no one should have to face poor mental health alone.
https://www.norfolkandwaveneymind.org.uk/

FINANCIAL SUPPORT

Crisis and Resilience Fund -
This funding is to support residents who are struggling with the cost of living and everyday expenses.
Crisis and Resilience Fund - Norfolk County Council



Norwich Foodbank –
Norwich Foodbank | Feeding Local People in Crisis

SAFEGUARDING

CADS is Norfolk's central service for reporting concerns about a child's safety or wellbeing, providing advice, guidance, and coordinated support for children and families. foodbank supports local individuals and fa N find Children's Advice and Duty Service (CADS) Norfolk County Council | Norfolk Community Directory

Other useful services

Young Carers
Support, Advice & Education for Carers | Carers Matter Norfolk

Kids Norfolk
Supporting disabled children and SEND
Kids Norfolk Coffee and connect - Kids

Siblings of disabled, special educational needs or a serious long-term condition
Home - Sibs

General directory of support
Home | Norfolk Community Directory

Please remember your child's attendance needs to be over 95%. If you require support to help your child to arrive to school on time please get in touch

GENERAL SUPPORT

The Best Start Family Hubs in Norfolk are part of the Start for Life programme, designed to support families from conception until children reach 19 years old, or 25 for those with special educational needs and disabilities (SEND) These hubs bring together services such as parenting support, health visiting, infant feeding, early language development, perinatal mental health, and practical advice on housing, finances, and childcare. They aim to make support accessible, joined-up, and easy to navigate, reducing the need for families to visit multiple services separate

Best Start Family Hubs - Norfolk County Council

THANK YOU!

We raised over £3,000 at last week's fair for the Year 1 AC unit!



RECENT SUCCESS

These vital funds were raised at last week's fair and are dedicated to providing a new AC unit for the Year 1 students.

Our Funding Journey: 2023 – 2026.

Academic Year 2023-24



Hall sound system (£15,000)



Y2 shoe shed (£495)

Academic Year 2024-25



Advent calendars (£133.68)



BBQ (£673.39)



Event shelter (£127.98)



Bike shed (£240)

Autumn 2025



Bike shed (£4,050)



Studio Screen (£2,339)



Y2 AC (£4,050)

Summer 2026



Reception storage shed (£2,235)



4H AC unit (£4,999)



Playground book rack (£150)



Book workshop (£95)



Save the Date

Welcome BBQ this September

Join us for our next event to help us reach our final goal and complete the Year 1 AC unit installation!

PTFA Welcome BBQ: Save the Date!



Friday, 11th September at 3pm

Mark your calendars for this special afternoon event hosted by the PTFA.



A Warm Welcome for All Parents

An opportunity for the school community to gather and meet new families.



More details in the new year

Further information regarding the event will be circulated as the new school year begins.